NEWSLETTER

Callaghan College Wallsend Campus

NOVEMBER 2018



MESSAGE FROM THE PRINCIPAL

It's been a very busy term and the students have been involved in a vast array of activities. This newsletter, our recent sports newsletter and the school Facebook page are a great testament to all the quality experiences and opportunities students are presented with at Callaghan College Wallsend.

As we move into the reporting period I would like to congratulate all students and parents on behalf of the school staff for the positive year we have had so far and encourage all students to continue displaying the values of respect, responsibility and excellence right up until the end of term. CCWC is a great learning institution and we provide our students with opportunities to excel at their studies and in a variety of other sporting, cultural and educational activities. The staff of the school can take pleasure in acknowledging that the vast



majority of students have taken full advantage of these opportunities this year.

Thank you to all parents who have assisted in ensuring their child is dressed in appropriate school uniform each day; however, there have been a number of students whose uniform compliance has slipped as the year has progressed. When all our students dress in correct uniform, it sends a strong and positive message to our community about the standards and values we believe in, and demonstrates the pride the students have for their school. I do appreciate it can be difficult for parents on some days to "encourage" their children to wear correct uniform and I thank each parent for their assistance. Please, let's ensure all students attend in full and correct school uniform.

On another note, following a recent Merit Selection process, Mrs Kylie Fabri has been appointed permanently to the position of Deputy Principal, replacing the recently retired Mrs Jenny Coburn. Mrs Fabri is currently the Deputy Principal at Rutherford High School and impressed the selection panel with her commitment to student wellbeing and learning. Mrs Fabri will begin in 2019 and she looks forward to working with all our students, parents and staff.

Finally, just a reminder to all students and their families that regular attendance at school is essential if students are to reach their potential. Our school, in partnership with parents, makes school attendance a very high priority. Don't forget that good school attendance leads to better school results, better peer relationships and better life chances! Support your child's success at school by getting them here right up until the end of the year!

Mr Paul Taylor Principal



If you have changed any of your details, such as your phone number, email address, or want to change your emergency contacts, please be sure to let us know as soon as you can. If you have changed your address, we do require proof of residence in the form of; a rates notice, an electricity bill, a lease agreement, etc.

Phone: 02 4951 1811 Email: wallsend-h.school@det.nsw.edu.au

Fax: 02 4950 1047 Web page: www.wallsend-h.schools.nsw.edu.au

In our school community we value positive relationships, respect and taking responsibility for our actions. We aim to do our best in teaching and learning.



SUPPORT UNIT EXCURSION TO OUTDOOR EDUCATION NSW MORISSET

The Support Unit have just returned from a two day camp in Morisset and as you can see by this photo, parents were treated to a little dirty washing upon their return home! The students all challenged themselves in a variety of activities including a mud run, flying fox, high ropes and archery. Everyone faced fears and overcame them: the teamwork, bravery and commitment on display was outstanding.

All students and staff had a great time and a lot of fun - not one complaint was heard and we all even got some sleep. Joe, our activities instructor, told the students on the final day that they were the best group he had the pleasure of working with all year due to their enthusiasm and willingness to give things a go. Our Support Unit students should be proud of the way they represented themselves and CCWC. The camp was a huge success and we hope to return next year for more adventure, fun, mud and challenges.

We asked some of the students what they thought of their overnight camp? They said:

Indi: "It was extremely good fun" Bailey: "The food was fantastic"

Tyler: "The best thing was sleeping in my room with my friends"

Annie: "The flying fox was the best"

Shay-Lei: "I didn't die"



YEAR 10 SHIRTS - 2019

A message to any Year 9 students who have ordered a commemorative Year 10 Shirt for 2019. These are still on track to be delivered to school before the end of Term 4.

If you missed placing an order, or wanted to order additional garments, there will be another order placed at the start of Term 1 2019. This will be due by the end of Week 2 (more information to come next year).

CALLAGHAN COLLEGE P & C MEETING

6.30pm

Monday 3 December 2018 at Bray Park Principal's Unit (on the grounds of Waratah West Public School, Leonora Parade Waratah West)

ALL WELCOME!!

DATES FOR YOUR DIARY	
21 – 24 Nov	School Spectacular: Dance and Puppets
28 - 30 Nov	Year 7 (C, L, P, S & T) Swim & Survive
29 Nov	CEP Digital Media Festival: Jesmond
3 Dec	College P&C Meeting 6.30pm
4 Dec	Year 6 Orientation Day
5 - 7 Dec	Year 7 (A, D, E, N & W) Swim & Survive
5 – 7 Dec	Year 10 Orientation to Jesmond Campus
11 Dec	1 st in Class Award Ceremonies
12 Dec	Annual Presentation Evening
13 Dec	Year 10 Final Assembly
18 Dec	Annual Movie Day
19 Dec	Last day of school for students
30 Jan 2019	First day for Year 7
31 Jan	Years 8, 9 and 10 return to school

INTERVIEW WITH MR TAYLOR

Mr Taylor was kind enough to grant an interview with Sidra, Fathima, Nawab, Mohamad and Maimouna; students in the CCWC Beginner EAL/D class. This is what they found out about our new principal.

Mr Taylor is 48 years old and his birthday is on the 27^{th} of February. He has been married for 23 years and his wife's name is Ally. He has 4 kids. The eldest is Harry, 19, the second eldest is Sam and he is in Year 11, another boy Jack, in Year 9, and daughter Eva in Year 5.

Mr Taylor can speak a little bit of Spanish because his best friend growing up was Spanish. He doesn't use it very much but remembers key words, phrases and can have a basic conversation, but English is his main language!

Mr Taylor's first overseas trip was to New Zealand - he really likes it there! He's been to Bali, everyone's been to Bali. He's also been to Thailand and Vietnam. Australia is his favourite place but he really liked Ho Chi Minh City in Vietnam because it's crazy, a crazy place. Good crazy!

In his last holidays, Mr Taylor went to the Hunter Valley for a couple of days. His last school gave him a voucher for a nice resort as a present and he and his wife went up there. He also went back to Vincentia for his 30th High School Reunion.

Mr Taylor loves reading. It would be very hard for him to pick a favourite book, but he loves the 'Imperium Trilogy' by Robert Harris. He has lots of favourite authors but likes Robert Harris the best.

"I was made for the grass", Mr Taylor told us. He played first grade soccer until last year but he broke his ankle on the last day of school, so he hasn't been able to run since. He's hoping he can make a recovery and play next season. He has lived by the beach for years but isn't very good in the water...much better suited to the grass. He has played soccer all his life, athletics and rugby.

Mr Taylor has 3 cars. He and his wife both drive a little Mazda during the week. He actually has an old V8 XR8 Falcon 1995. It just comes out on Sundays when they go for Sunday drives.

He likes gardening but he isn't very good at it. At the place he is renting at the moment, they do all the gardening for him. They mow the lawn, he hasn't missed it, because it has given him more time to do other things. Whenever he has to do 'stuff' in the garden, he always whinges about it, but once he gets started everything is fine. It is just a matter of getting started.

Mr Taylor also loves fishing but because of his busy life doesn't get enough of it done. In Jervis Bay he had a fishing boat but that is currently sitting on a farm 'out there somewhere' because he has nowhere to put it. He is hoping to do more. Because he gets seasick, he prefers fishing off the land, in rivers and lakes, not so much in the ocean. Flathead, snapper and bream and the gummy sharks are good to eat. Sometimes, when he takes his sea-sick tablets, they went to catch some king fish.

Mr Taylor loves music...it is 'my thing I do'. He has a few mates he grew up with and they meet 5, 6, 7 times a year to go to concerts. He was a teenager in the 1980s, back then it was all long hair and heavy metal! He still loves his 'Metallica' and 'Mötley Crüe'. Whenever those bands play, he still heads off to Sydney to catch up with his mates and watch them play - a bit old-school, he knows, but he did take his daughter to see Katy Perry.

Why did Mr Taylor choose to be a teacher? He really enjoys teaching, he was an English teacher. He started teaching back in 1993. The reason he became a teacher is because he enjoyed learning, history and reading. So, he saw teaching as an opportunity to do the things he enjoyed doing. He didn't know if he'd be a good teacher or not; he was ok, so it started from there.

Before he arrived in Newcastle, Mr Taylor lived in a place called Vincentia, in Jervis Bay, about two and a half hours south of Sydney. A beautiful place, very similar to Nelson Bay, a lovely little place. He worked at Vincentia High School. They took all the kids from the whole area, year 7 to 12, and they had the same amount of kids as we have at CCWC, about 1100 kids. About 95% would bus in from outer areas; it was the only school between Nowra and Ulladulla. At Vincentia High, his last school, there were no EAL/D students so he doesn't know too much about it. No students from a migrant background at all, so he is excited to learn more about it here!

Mr Taylor loves CCWC, he thinks it is a great school. He thinks the kids are great, the staff are good and everyone seems to have a smile on their face. There is a good vibe to the place. When he walked in, kids seemed happy, people seemed happy.

He thinks being the principal is a good but high-pressure job. Things come at him all at once, all the time, so he is always a little bit on the back foot. But Mr Taylor says he is 'only a learner principal' and it will get much better. Definitely a good job but challenging.

Mr Taylor likes Newcastle. His children are settling in well and he hopes to 'stick around' for a while!

Thank you, Mr Taylor

Sidra, Fathima, Nawab, Mohamad and Maimouna



ENGLISH FACULTY

The English faculty would like to congratulate all students on their fantastic effort with class work and assessments this term. It's certainly a very busy time but students have been working hard to produce their best work.

Year 7 students composed Vlogs detailing positive personal experiences, Year 9 wrote open letters to their game changers and rule breakers and Year 8 and 10 completed a Yearly Examination.

Teachers are now working hard to plan for 2019 and invite students to complete the English survey on canvas to let us know how you found various aspects of the your learning in English.

See below for other exciting events taking place in the English faculty.

Lastly, please return any overdue textbooks to the library so these can be used next year.

Mrs Lisa Muller Head Teacher English

PREMIERS DEBATING CHALLENGE

On Friday 16 November, the Callaghan College Wallsend Campus Junior Debating Team competed in the regional final of the Premier's Debating Challenge against Warner's Bay High School.

The debate topic was 'All homework should be scrapped' and we were the affirmative team. Our talented debating students argued with maturity and skill and made some interesting points, such as the accessibility of technology and the mental health of students. Unfortunately, we were not the best

team on the day and will not be progressing to the state final.

Our team members were Alysha Beach, Caitlin Goldfinch, Mikayla Harrod and Tallesha Lamak-Taylor who should all be applauded for their commitment and dedication to debating. We look forward to competing again in 2019.



SOCIAL JUSTICE POCKET FILM FESTIVAL

Earlier this year, students in Year 10 English classes were tasked with creating a 60 second pocket-film that explored a social justice issue of their choice. On Thursday 15 November, students in Years 9 and 10 headed to the hall and walked the red carpet to view 20 of these outstanding short films.

After careful consideration, the winners of the 2018 Teacher's Choice Award and happy recipients of some JB HIFI Gift Cards were Brinlie Payne and Natalee Croak for their film *Women's Safety*.

The winner of the 2018 People's Choice Award will be announced this week.



During Term 4, students from the Numeracy Engagement Program have been fortunate enough to undertake a Brazilian Jiu Jitsu program on Wednesdays at Gracie Barra – Newcastle City, led by the esteemed instructor Professor Gustavo Pinto who holds the rank of 4th Degree Black Belt in Brazilian Jiu Jitsu.

The sessions are designed to provide the students with a suite of self-defence skills that build confidence, respect and self-regulation in a variety of areas. The students have gained a great deal from these sessions and were even fortunate to be trained by former World Brazilian Jiu Jitsu Champion Professor Vitor Toledo from Brazil.

Students undertake 1 hour of training and then go through resilience and wellbeing seminars led by Professor Gustavo Pinto. The results have been astounding. When surveyed the students indicated, among other things:

- Increased confidence
- Improved concentration in class
- Increased motivation for learning 'new' things

Noteworthy of particular mention is the fact that in a society where more and more people are succumbing to diseases stemming from living a sedentary lifestyle (such as obesity and poor diets) these students are leading the way in making positive changes for the better. It has been inspiring to watch the development of the students over the first 5 weeks and we look forward to seeing even greater results over the next 5 weeks.

Mr Cale Wallace & Mr Rod Kleeman Organising teachers







HSIE REPORT

As we near the end of the year I would like to share with you some highlights from the HSIE faculty in 2018. This year the staff have worked tirelessly to make the tasks in which the students engage in both 'real and relevant'. With new curriculum content in Geography delivered in 2018 it was the perfect time to revamp all aspects of teaching and learning in HSIE to provide the students with engaging learning experiences designed to allow them

to develop transferable skills that form the foundation of 21st century learning. Here is a snapshot:

- Years 7 and 8 Geography undertaking local fieldwork excursions to Ironbark Creek and Wallsend CBD to gain a better understanding of the local area.
- Years 9 and 10 Elective History students participating in a 'Convict Discovery Excursion' where we uncovered convict sites of significance and were privy to some excellent Aboriginal perspectives relating to the early development of Newcastle.
- Year 7 GATS students participating in an 'Archaeological Discovery' excursion to the Nicholson Museum in Sydney.
- Year 10 Geography undertaking a study on the 'Impact of the Supercars' in Newcastle.
- Year 10 History investigating 'The Perspective of the Holocaust Survivor Testimony'.
- Consulting with Aboriginal educator and traditional cultural practitioner David Newham to provide authentic cultural experiences for both Aboriginal and Non-Aboriginal students throughout all aspects of the curriculum.

In addition to these exciting events the quality of student work has been outstanding. Recreating Aztec artefacts, creating projects on Ancient societies, Mystery, Murder and Madness completing exceptional projects on archaeology, examining wellbeing across the globe and providing students the opportunity to analyse the Rights and Freedoms of Aboriginal people and how this concept continues to impact on people today, are just some of the exciting developments in HSIE in 2018.

I would like to take the opportunity to thank all of the staff, students, parents and the community for your support this year.

On behalf of the HSIE staff, we say a big thank you and look forward to helping each student achieve their goals in 2019

Mr Cale Wallace Head Teacher HSIE



SUSTAINABILITY PROJECT

This photo is of some of the happy faces of students at Callaghan College and De La Salle Lipa Philippines (on the Promethean) after the final judging of their Sustainability Project which was organised by Instructure's Troy Martin and team.

In Term 3 students at De La Salle Lipa, Callaghan College Wallsend Campus and Waratah Campus were set a challenge by Instructure and Red Agency to look at Sustainability and single use plastics and to come up with solutions and alternatives.



Students were grouped on Canvas with representatives from each Campus on teams. They had to research and deliver a PowerPoint based on problem solving these issues. They had to communicate and collaborate with people they didn't know, develop relationships, navigate time zones and solve a massive environmental issue.

All groups were judged (via speedgrader) from both the Philippines and Australia and the top ten groups completed their final presentations across video link - presenting together in front of staff, students and parents from both countries. (Not to mention the media as well). There were so many quality presentations.

They had no time out of class. In an absolute first for our College, all students had to do this project above and beyond their normal studies and they volunteered for this! There were times when supervising staff members checked the groups and could see conferences were happening, collaborative documents were being shared and discussions were flying back and forth between countries. We witnessed some special moments, friendships have developed, and we watched them present together as a team.

However, there did have to be winners:

1st Place DIsl 2

- Jesse A. Candelario
- Danielle Lei R. Araez

Wallsend DLSL 8

- Josh Aldrich P. De Villa
- Olivia Beck
- Kim D. Ditan
- **Keely Harris**
- Chloe Speering

3rd Place Wallsend DLSL 6

- Danya Best
- Isha Prasad
- Edward Augustine O. Tullao

Mr David Summerville and Mrs Stacy Lambert Organising teachers

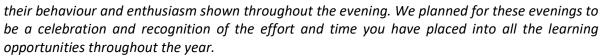
CHILDREN'S UNIVERSITY

A message from the University of Newcastle Children's University to all students who participated.

Dear CU Children and Families,

I would like to write a letter of thanks and congratulations to all students that attended the recent Children's University graduation ceremonies. This year we welcomed onto campus 932 graduating students and over 2,500 families across the three evenings.

The CU team would like to congratulate all students for



Thank you to all families that attended. We appreciate your presence on the evening, hope you enjoyed the celebration and look forward to seeing you all again in the future.

Children's University continues to encourage children and their families to keep learning in their communities during the Christmas holiday period. All learning experiences that occur between now and Term 1 next year are added into the hours for 2019 Graduation. Please place a line in your passports to indicate that 2018 hours are finalised.

Your passport hours continue across into next year. To be eligible for graduation in 2019 you need to have moved up into the next award category. For example, if you got 30 hours this year you would have to make it to 65 hours to get the Silver Award.

This program is an annual commitment. Children have the capacity to opt into the program each year. If you would like to be involved next year, please indicate this to your teacher in charge of the

Once again thank you, children for your enthusiasm for learning and parents for your support. If you or your family has any questions about the program, please contact us. If you would like to make suggestions for improvements or place a comment regarding the evening please do so at childrensuniversitynewcastle@newcastle.edu.au or call 49218739.

Hope to see you all in 2019, Children's University Team







HEALTH AND WELLBEING FOR GIRLS

On Monday 19 November some of our Year 8 girls from the Health and Wellbeing elective enjoyed their Retreat Day in the school library. We were fortunate again to have our guest speaker, Charlotte Thaarup from The Mindfulness Clinic to deliver a Mindfulness session to the girls. They were educated on how the practice of mindfulness can effectively manage and reduce stress and anxiety. These skills are useful for managing social and emotional situations at school and everyday life. Mindfulness is also very effective for managing exam pressures and has been proven to improve academic performance when practiced regularly.

Rock and Water was another session delivered to the girls on the day. This was presented by Brenten James from our PDHPE Faculty and included developing skills to enhance resilience when managing stressful social situations. The girls also learned some self-defence strategies and the importance of knowing how to manage themselves assertively.

The session on body image included activities from 'The Butterfly Foundation' on keeping their body confidence safe on social media, positive role modelling and challenging appearance ideals. The girls were given a challenge to reduce appearance-based talk regarding themselves and others; a difficult task in our social media society. The girls were encouraged to be smart in regards to their social media use; that is, to know when they are empowered through social media, as opposed to being triggered in a negative way resulting in criticism, comparison and competition with others.

The day finished with a yoga session for the management of stress and anxiety, combined with an introduction to aromatherapy for the girls to enjoy. The students were collaborative and co-operative in all sessions, demonstrating their gratitude for all presenters involved.

Mrs Karen White PDHPE Faculty

NEWS@OURLIBRARY CCWC

Welcome to the November edition of news@our library. If you're looking for something to read why not download the Wheelers eBook platform and choose from a wide range of young adult fiction to read at your leisure, available 24/7 and 365 days of the year. See Mr Noud in the library for more information or just go straight to the Campus' Wheelers eBook platform by following (and then saving) this link:

https://ccwallsend.wheelers.co

Login is the same as your DEC login, and the password is: eBookloan (note the capital B)

Borrowing is as easy as logging in, selecting the title you want and choosing the borrow button. You can then download the title to your device to read at your leisure.

Lastly, welcome to our Reader of the month segment. Congratulations to Matthew Stephenson for being the next student to receive the Principal's Reading Award. A fantastic effort and well deserved. Keely interviewed Matthew and asked the following questions:

Callaghan College Wallsend Campus ebook lending facility

Borrow and read eBooks from our library anywhere, anytime, on multiple

Start Browsing or get the ePlatform app













The Help







The Da Vinci Code:



Animal Farm George Orwe



Harry Potter and the...



The Book Thief









Harry Potter and the The Fault in Our Stars Divergent (Divergent, Harry Potter and the...

READER OF THE MONTH – MATTHEW STEPHENSON

- Q: Why do you like to read?
- A: I really enjoy reading because it's interesting, it helps you with your spelling and it stops you from being bored. It also helps you learn about different things.
- Q: What is one book or series you think should be studied at school?
- A: We've already been studying it, but I really like "Once" by Morris Gleitzman.
- Q: Name one book you have read recently, and why you enjoyed it.
- A: The "Last Thirteen" series by James Phelan. I enjoy it because it's a really good action and adventure series and the author gives you a clear understanding of what is actually happening in the book. It hooks you from the start and it's really entertaining.
- Q: Why do you think reading is important?
- A: Reading is important because not only does it help you with your spelling and grammar and you expand your vocabulary, but it also helps you learn about important events in the past and understand what will happen in the future.
- Q: What is one book you would like to see in the library that is not there currently?
- A: The "Tiny Timmy" series about a famous Socceroos player, or more autobiographies about famous sports players.
- Q: What is your favourite literary genre, and why?
- A: Non-fiction because they give you information about someone or something you may not have known before and it helps you learn about the facts.

Fantastic work, Matthew. Happy reading everyone.

Mr Colin Noud Teacher Librarian















Student Health Updates

Please be reminded that if you have any updates to pass on regarding your child's health or wellbeing, to do so in a timely manner. Please contact the school by phone (4951 1811) or email (wallsend-h.school@det.nsw.edu.au) to update any information regarding your child.

COMMUNITY ANNOUNCEMENTS



Would you like to be better able to:

- Communicate more effectively with your teenager?
- Understand your teenager better?
- Help your teenager with emotional intelligence and managing emotions?
- Prevent some teenager behaviour problems?
- Teach your teenager to deal with conflict?
- Build a more resilient, emotionally intelligent child?

Tuning in to Teens is a parenting program that focuses on emotions and is designed to assist parents to establish stronger relationships with their teenage children. The program provides parents with a greater understanding of their teen's emotional experiences while teaching specific skills that can assist in being supportive, empathic and staying connected with the young person.

It further aims to improve parent's emotional awareness, regulation and communication style and provide them with an opportunity to reflect on their own emotion socialisation experience. Tuning in to Teens aims to prevent problems developing and enhance emotional and behavioural functioning.

This program will be offered for the second time by CCWC in term 1 2019. The course will be run over 6 evenings (2 hours weekly) in our local community. This program has changed family dynamics and assisted parents and carers connect. The evaluations from the last group were outstanding, so don't miss out on this opportunity.

To register your interest please email

jennifer.wendtman@det.nsw.edu.au

or message 0401 599 825.