# SPORT NEWSLETTER

Callaghan College Wallsend Campus

# **JULY/AUGUST 2019**

#### **GENERAL SPORT NEWS**

More sporting opportunities have been on offer for the students during the months of July and August, including Athletics, Girls AFL, Girls Rugby League, Boys Rugby League, Basketball and our annual NAIDOC Sporting Challenge and City Zone Soccer. Students have continued to represent the school with pride and should be proud of their efforts.

Congratulations to Wildcards who took out the Lunchtime 3 v 3 Basketball Competition. Netball lunchtime competition is currently running, with the finals played in Week 10. Table Tennis Knockout is also happening every Friday until the end of the term.

Our final series of Friday Sport commenced on Friday 6 September and will conclude on Friday 6 December. Bus Sport Payments are due by Wednesday 23 October.

Ms Kirbi Masters Sports Organiser



#### **HUNTER REGION ATHLETICS CARNIVAL**

Hunter Region Athletics has changed its previous 2 day event into a 1 day event, so it was interesting to see how the day panned out. The long day did not faze our athletes, as we had a number of them perform extremely well. Traditionally, our relay teams are strong and the same happened this year. We had 4 teams qualify for the CHS State Athletic Carnival.

Name	Result
Tiahna Skelton	1st 100, 200, 4 by 100 metre relay, Long Jump
Kahlee Dunn	2nd in the shotput
Josh Dollin	2nd in the 400 metre sprint
Noah Iles	2nd in the 400 m, 1st in 4 by 100m relay
Ahmed Ali	1st in 100m sprint, 1st in 4 by 100m relay
Lachlan Evans and Majak Boc	1st in 4 by 100m relay
Sophie Urane	2nd in High jump
Maddie Bragg	2nd in Triple Jump
Chloe Allan, Grace Hamilton, Clare Giles, Montana Quick	2nd in the 4 by 100m relay
Holly Radburn	6th in the 100m sprint
Paige Worley	4th in the 100m sprint, 1st in 4 by 100m relay
Jasmine Craft	3rd in the 200m sprint and 4th in the 100m sprint 1st in the 4 by 100m sprint
Kendra Watters	1st in the 4 by 100m relay

Mr Brenden Kelana Sports Organiser

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## SPORTS PEOPLE OF THE MONTH: JULY/AUGUST 2019



Chloe Allan



Ethan McPherson

#### **AFL**

On Wednesday 21 August, Miss Wilson and Mr Starrett took a group of excited girls to play a gala day of AFL. Most of the girls have never played before but were willing to have a go and try something new. The

day started with a game against Kotara HS. It took a few minutes for the girls to find their feet and to discover that tackling, and being tackled, wasn't so bad. From a nervous start to a clear win (28 to 14) the first game gave the girls the confidence boost they needed.

Game two was against a tough, well trained Hunter Sports HS. The girls kept them at bay for the first half, but unfortunately ended up with a loss in the end, 45 to 19. Again this was a learning curve for the girls and got them fired up and ready for the third and final game against Irrawang HS.

In the last game of the day, the girls showed true sportsmanship by playing for the opposition who was down a few players and even helping them kick their first goal of the day. They came through with not only a win (36 to 13), but with new skills and big smiles.

The girls should be proud of themselves and the way they represented CCWC.

Player's player: Jahmali Mundine

Coaches awards: Abagail Spannenberg and Jorja

Brown

Miss Penny Wilson & Mr Hagen Starrett AFL Coaches





#### **BASKETBALL**

GIRLS TEAM: On Wednesday 7 August, the Girls Under 15's Basketball team played in the Broadmeadow Knockout Gala Day. The girls topped their pool winning against Newcastle High School 30-2 and Kotara High School 26-10. They all performed really well and played as a team, which was really good to see.

In our semi-final game we came up against Lambton High, the reigning champions. The girls put up a tough fight, but unfortunately were defeated. This knocked us out of the competition.

All players showed great sportsmanship and positivity towards one another throughout the duration of the day and everyone scored at least one basket.



A special thank you to Tracy Kirkwood for scoring for both boys and girls teams for the day. The girls should all be proud of their efforts.

Player's player: Bella Kirkwood Coaches Player: Claire Giles

Report by Lily Spooner

Year 10

BOYS TEAM: The boys came up against some strong competition at the Broadmeadow Knockout Gala Day. The boys won their first game against Irrawang High School 28-12. In the next game v Newcastle High,

they shot some good hoops and their defence was amazing, winning again by 29-11.

In our semi-final the boys from Wallsend put up a hard defence, but Kotara HS were just as good making an even 20-20 score. It was enough to push us through to the second semi against Mereweather HS. Unfortunately, we were beaten which knocked us out of the competition.

The boys played well and did their best on the day. They should all be proud of their achievements.

Player's player: Tana Nyokanhete Coaches Player: Hannz Tomamak

Report by: Malakai Mohu

Year 10



#### **RUGBY LEAGUE**

KACEY DRUMMOND SHIELD: The Under 14s and Under 16s Girls Rugby League teams travelled to Cessnock for another opportunity to play Rugby League. They competed in the annual Kacey Drummond Shield.

The Under 16's finished second and the Under 14's finished third in their pool. The improvement since their trial games at the beginning of the year has been outstanding and, as always, I look forward to them continuing to develop their rugby league skills. Congratulations to the Year 10 students on your involvement in School Rugby League during your time at Wallsend.

Thank you to Lilly Davies and Mr Johnson for your assistance throughout the day and for Mr Johnson for driving the bus to transport the girls to Cessnock.

Under 14s Players Player: Madison Bragg Under 16s Players Player: Kyah Watters

Under 14s Overall Coaches Award for the Season: Maria

Kamanda

Under 16s Overall Coaches Award for the Season: Grace Hamilton

Ms Kirbi Masters Girls Rugby League Coach

KURT & MATT GIDLEY CUP: Congratulations to the boys who represented Wallsend Campus at the U14s Kurt Gidley Rugby League 9s. The boys topped Pool A with 4 wins against Tomaree, Irrawang, Mt View and Hunter River High Schools. We defeated Waratah Campus in the semi-final, but unfortunately were beaten by a quality St Joseph's Aberdeen team in the grand-final.

Player's Player: Ethan McPherson Best & Fairest- Tyrese Gordon

Our Under 15s team competed in the Matt Gidley 9s, winning two and losing one game in their pool. Unfortunately, this loss meant missing out on the semi-finals.

Most Valuable Player: Preston Conn

Mr Andrew Johnson Rugby League Coach







#### GIRLS ON THE MOVE EXCURSION

On 2 July 2019, Mr Tyrie and the Year 8 Girls on the Move elective class had the privilege of attending an empowerment seminar hosted by staff from the University of Newcastle's award winning Healthy Youngsters and Dads and Daughters programs.

The girls enjoyed taking part in rough and tumble activities, fundamental movement skills and fitness tasks. They finished the day with lunch and a Q & A session with the University facilitators.

Most outstanding student on the day was Angelina Cavicchia.

Everyone had a great day all round.

Mr Chris Tyrie
Girls on the Move Teacher



#### **NAIDOC SPORTING EVENT**

Congratulations to our students who were involved in the NAIDOC Sporting Showcase on Friday 9 August in very, very windy conditions. Wallsend Campus played Cardiff High School in Netball, Basketball, Touch and Dodgeball to cap off a very busy NAIDOC celebration week.

Mr Andrew Johnson Head Teacher PDHPE



#### **UPCOMING SPORTING EVENTS**

- > Year 7 City Zone Soccer Gala Day Tuesday 3 September at Federal Park
- CHS State Athletics Wednesday 4 Friday 6 September at Homebush, Sydney
- Year 7 & 8 All Schools Touch Knockout Friday 13 September
- > Terry Kachel's Under 16s Rugby League 7s Wednesday 18 September
- ➤ 2019 Inter-college Sporting Competition Wednesday 16 September Friday 18 September at Dubbo Campus
- High School Lawn Bowls Gala Day Monday 21 October

#### THOSE WERE THE DAYS: STAFF PROFILE – Mr Kelana

What sports do/did you play? Then – Soccer and Cricket. Now - Triathlon and Golf

What is your greatest sporting achievement? Newcastle Jets Youth Team member.

What is the hardest sport and why? Triathlon, the training is very demanding

What team/s do you follow? Argentina, Canterbury Bulldogs and Newcastle Jets

What were your favourite subjects at school? PDHPE, Biology, Economics and Maths

What is something you can't live without? My son Matteo, exercise, family and food

What is something that makes you really angry? Bad drivers

Who was your childhood hero? Zine Dene Zidane, Maradona

Where do you see yourself in 10 years' time? Hopefully not still sitting next to Mr Starrett

What do you enjoy about sport? Camaraderie, friendship and fitness

Interviewed by Sports Committee Members Abbey Tucker and Abbey Sanderson



What sports do you play? Dance, netball and touch

What team do you follow? The Swifts

What are your favourite subjects at school? PDHPE and Maths

What is something you can't live without? My family, food, my friends, dancing and my blue tongue lizard

What is something that makes you really angry? Fake people

Who is your childhood hero? Superman

What do you enjoy about sport? I enjoy making new friends and having a lot of fun playing every sport I can possibly do.

### **ABBEY SANDERSON**

What sports do you play? Netball and touch football

What team do you follow? Australian Diamonds

What are your favourite subjects at school? PE, Science

What is something you can't live without? My dog

What is something that makes you really angry? When I am hungry

Who is your childhood hero? Gretel Tippett

What do you enjoy about sport? Working in a team and meeting new people





