

## 2021 SCHOOL SWIMMING CARNIVAL INFORMATION

The school swimming carnival will be held on Friday 12 March 2021 at Wallsend Pool. The carnival has an emphasis on fun and all students are expected to attend. Throughout the day, students will be involved in 50 metre races in all strokes, relays, numerous novelty events and the favourite event of the day 'The CCWC Belly Flop Competition'. Students are encouraged to come wearing house colours which may be in fancy dress, and prizes will be awarded to those judged to be the most colourful and entertaining! **Due to COVID19 restrictions, parents/carers are unable to attend this year.**

Students will not be allowed to leave the pool without parental permission. Students are reminded to ensure that they bring all necessary items for sun protection and plenty of water.

**DATE:** Friday 12 March 2021

**TIME:** Students are to be at school by 8:55 for roll marking. Year 8 – 10 students are to go to their usual Friday Sport to have the rolls marked, and Year 7 will attend their usual Period 1 class. Once rolls are marked students will walk to the pool as a group with their teacher.

Students will be dismissed at 1.15pm to allow bus travellers time to walk back to school.

**COST:** Pool Entry: \$2.90 – Payable on entry. Season Pool Passes/Fitness Passports accepted at the gate.

**NOTES:** Students are required to wear a hat and sunscreen, rash shirt and appropriate swimming attire. House colours/fancy dress is highly encouraged.

A canteen and a sausage sizzle will be available at the pool or food and drink may be bought from home. Make sure you bring plenty of water!

Mr Hagen Starrett  
PDHPE Faculty

**ATTENDANCE IS COMPULSORY AS FOR ANY NORMAL SCHOOL DAY!**

**Please complete the permission slip below and TAKE IT WITH YOU TO THE POOL ON THE DAY**

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### 2021 SWIMMING CARNIVAL PERMISSION SLIP

I give permission for my child: \_\_\_\_\_ of Year: \_\_\_\_\_ to participate in the Callaghan College Wallsend Campus Swimming Carnival to be held at Wallsend Pool on Friday 12 March 2021. Please note below special needs of my child of which you should be aware. (eg; illnesses, allergies, medication – please provide full details)

Please circle:

**I advise that my child is a Strong / Average / Poor / Non-Swimmer**

**I give / do not give permission for my child to participate in the water or swimming activities.**

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
Parent/Caregiver

#### PERMISSION TO USE STUDENTS IMAGES FOR CAMPUS/COLLEGE PROMOTION

Photos may be taken at the Swimming Carnival. Callaghan College seeks your permission to use any images taken of your child for promotional purposes. Please note that this image may be placed on the Campus or College website, in promotional material and in the media. The name of your child may also be used.

I give permission for Callaghan College to use the image of my child for promotional purposes.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Relationship to student: \_\_\_\_\_

# 2021 PROGRAM

<b>Students are to report to school for roll marking at 8.55am, then walk to the pool as a group with their teacher. Permission notes will be collected at the gate.</b>	
8.55am	Students are to be at school by 8:55 for roll marking. Year 8 – 10 students are to go to their usual Friday Sport to have the rolls marked, and Year 7 will attend their usual Period 1 class. They will then walk to the pool as a group with their teacher. Students will assemble in house areas; <b>BROOKS (A – D Blue), FLETCHER (E – K Yellow), NASH (L – Q Green) &amp; WILLIS (R – Z Red)</b>
9.30 – 9.40am	War Cry Competition
9.40 – 9.50am	Fancy Dress Cat-walk - Safe Dive Demonstration
9.50 – 10.05am	<b>CONTINUOUS 50 METRE SWIM</b> – All students who complete 50m of the pool get 1 point for their house. Students must swim in their designated lane. Students can swim as many laps as they can in 6 minutes to get as many points as possible for their house. Boys & Girls divisions.
10.05 – 11.00am	<b>50m Age Races</b> – Races in the following order with girls races following boys in each age: FREESTYLE: 12, 13, 14, 15, 16 Years girls/boys BACKSTROKE: Open girls/boys BREASTSTROKE: Open girls/boys BUTTERFLY: Open girls/boys
11.00 – 11.15am	<b>NOVELTY ROTATION 1</b> Year 7 (BROOKS & FLETCHER) - Beach Volleyball Year 7 (NASH & WILLIS) – Rob the Nest Year 8 – Dive Retrieval Games Year 9 – Pool Nukem Year 10 - Boogie Relay
11.15am – 11.30am	<b>NOVELTY ROTATION 2</b> Year 7 (BROOKS & FLETCHER) – Rob the Nest Year 7 (NASH & WILLIS) – Dive Retrieval Games Year 8 - Pool Nukem Year 9 - Boogie Relay Year 10 - Beach Volleyball
11.30 – 12.00pm	<b>NOVELTY ROTATION 3</b> Year 7 (BROOKS & FLETCHER) - Pool Nukem Year 7 (NASH & WILLIS) - Boogie Relay Year 8 – Rob the Nest Year 9 - Beach Volleyball Year 10 – Dive Retrieval Games
12.00 – 12.15pm	<b>NOVELTY ROTATION 4</b> Year 7 (BROOKS & FLETCHER) - Boogie Relay Year 7 (NASH & WILLIS) - Pool Nukem Year 8 - Beach Volleyball Year 9 – Dive Retrieval Games Year 10 – Rob the Nest
12.15 – 12.30pm	<b>NOVELTY ROTATION 5</b> Year 7 (BROOKS & FLETCHER) – Dive Retrieval Games Year 7 (NASH & WILLIS) – Beach Volleyball Year 8 – Boogie Relay Year 9 – Rob the Nest Year 10 – Pool Nukem
12.30 – 12.50pm	<b>House Relays</b> - Boys / Girls + Staff Male & Female Relay. Teams of 8 swimmers - 4 (Years 7 & 8) & 4 (Years 9 & 10)
12.50pm – 1.05pm	<b>IRON MAN EVENT - JUNIOR &amp; SENIOR DIVISION</b> BOYS - 150m run / 50m swim / 150m run / 50m swim GIRLS - 150m run / 50m swim
1.05pm - 1.15pm	<b>BELLY-FLOP COMPETITION</b> (all teachers to supervise)
1.15pm – 1.30pm	<b>Clean Up Pool Area/Roll Call for Departure</b>